

RESTORING YOUR BALANCE, LLC

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WOMEN'S HEALTH PHYSICAL THERAPY

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Questions to Ask Your Insurance Representative

Initial Questions to Ask:

1. Do I have any physical therapy benefits/coverage?
2. What are my benefits?
3. Do I have a co-pay?
4. What percentage do you pay for physical therapy?

More Specific Questions:

1. Does my referral have to come from my primary care physician or can it be any physician?
2. Do I need prior authorization before beginning therapy?
3. How many visits per year are covered?
4. If they give you a specific visit number - ask if those visits are for a certain time frame. (i.e.: some allow unlimited visits over 60 consecutive days, but once 60 days has passed since your initial appointment they will no longer cover)

Note: If your coverage is limited by a certain time frame, scheduling is crucial so we can utilize the time frame.

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